**Joint meeting (hybrid)**

**Thursday 16 May at 19:15**

***F2F Meeting:*** *City College Oceansgate, Units 6-12 Discovery Court,*

*Vivid Approach, Plymouth PL1 4RW*

***Zoom Link****:* [https://plymouth.zoom.us/j/3216324487?pwd=QTZxL1NRZzNpd2lkd2xRVkhnd2xVQT09](C:\\Users\\Owner\\Documents\\My text\\D&C\\Meetings\\MNWB\\MNWB flyer.docx)

A Merchant Navy Career

A presentation by Sharon Covey

Deputy Chief Executive, Merchant Navy Welfare Board

Marking International Day for Women in Maritime

Sharon joined the Merchant Navy Welfare Board (MNWB) in 2013. She chose to follow the footsteps of both her parents and brother by joining the Merchant Navy in 1993. After spending 5 years at sea with P&O cruises she pursued a career change managing community support and accommodation-based support services.  Her experience at MNWB and serving in the Merchant Navy, has enabled her to have an in depth understanding of the issues surrounding parenthood with long absences and the pressures it brings on families. Subsequent appointments with supported housing and mental health charities, has provided her with a broad understanding of the operational and financial challenges facing voluntary and charity sector organisations. Furthermore, as children, she and her brother were both beneficiaries of maritime charities in the form of financial assistance, which made a substantial difference to their lives.

To conclude with a Q & A session.

**Car Parking**: Free parking at front of building.

**Further details if required:** Hon Secretary, Devon & Cornwall Joint Branch